

Women's Shelters Guiding Principles

Shelter Pulse has identified key guiding principles that should be incorporated into Women's Shelters' policies.

INTERSECTIONALITY

Multiple identities will shape experiences.



Gender



Culture



Class

TRAUMA-INFORMED PRINCIPLES

Shifting the question from "What is wrong with you?" to "What happened to you?"

- Acknowledgement
- Safety
- Compassion
- Empowerment
- Transparency
- Peer support
- Empathy
- Non-judgmental
- Choice and control
- Strengths-based

HUMAN RIGHTS-BASED APPROACH

A conceptual framework that aims to enhance and protect human rights.

VISIT [SHELTERPULSE.CA](https://shelterpulse.ca) FOR MORE INFORMATION